



CARING FOR COSMETIC TATOOING

Proper care is important and required to achieve optimum results. Keep in mind that some intensity of color will be lost and/or the color may heal unevenly. This is normal for some procedures, especially after the initial application. This is the reason for the follow up appointment, to fill in any light areas, to go a little darker or thicker if desired, and to adjust shape or color if needed. Please read and follow the directions provided:

1. Wash your hands before touching any treated area.
2. Cool packs (not frozen) may be used to help reduce swelling. Dampen paper towels or cotton pads with filtered/bottled water and place in the fridge for 30 minutes....10 min on and 10 min off. Cooling the area is most beneficial the first 24 hours. Sleeping slightly elevated may also help in the reduction of swelling.
3. **Blotting your procedure.** We have created a wound and all wounds weep body fluids, some more than others. Blotting off these fluids and excess pigment is critical to a good result and color retention. If these fluids remain on the tattooed area and accumulate, you will get heavier scabbing. Heavy scabbing can pull out the pigment which will result in light spots and unevenness of color. Dampen a paper towel with bottle/filtered water and blot your new procedure every 15 minutes upon leaving the Studio. Continue until weeping has subsided. The following three days blot the area periodically throughout the day. If you have eyebrow hair make sure you are getting beyond the hair and blotting the tattooed skin.
4. **Washing your procedure.** Use a mild cleanser on and around the procedure area. DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or any exfoliates. Dial Soap, Cataphyll, and Neutrogena are good choices. Use a very light touch cleansing your procedure twice a day. Make sure you rinse off all cleanser and pat dry. Wait 15 minutes before applying ointment after getting the procedure gets wet. Never put ointment on a wet or damp tattoo. **Showering-** Do not take an exceptionally hot shower and keep bathroom doors open as to NOT cause a steam effect. Keep your face/procedure out of the water; wash your hair and rinse back away from your face.
5. **Ointment.** ONLY USE THE OINTMENT I PROVIDE FOR YOU ...NOTHING ELSE!!! **Lip procedures:** You may start using your ointment immediately following the procedure and continue for 7-14 days, apply several times a day. **Eyebrows:** no ointment for the first 24 hours. Apply a thin, light coat of ointment 3 or 4 times a day for the remaining of the healing process (6-7 days). Always blot off any prior ointment and area before applying new layer of ointment...this applies to all areas. **Eyeliner:** no ointment for the first 48-72 hours, after which you apply a very light coat of ointment once in the morning and once in the evening for the following 2 to 3 days. Eyes are very sensitive to ointment so use sparingly. Try to keep the ointment contained to the eyeliner above and below the lashes, not in the eye itself. If you feel any discomfort IN the eye itself, this is not normal and you should immediately see an eye doctor and contact me as well. Although it is important to use ointment, using it excessively can starve the skin of air and can result in pigment loss during the healing period. Use sparingly, just enough to moisten. ALLERGIC REACTION IS EXTREMELY RARE, BUT POSSIBLE. IF YOU NOTICE ANY BUMPS, RASH, OR THINK YOU MAY BE HAVING A REACTION...STOP USING OINTMENT IMMEDIATELY, CLEANSE AREA AND CALL THE STUDIO.
5. Absolutely NO pet grooming, gardening, dusting, or anything that causes dust, dirt and dander for a minimum of 72 hours. Wearing glasses outdoors is a good way to protect healing eyeliner. **NO EXERCISING FOR 10 DAYS... NO EXCEPTIONS! DON'T DO ANY ACTIVITY THAT CAUSES SWEAT IN THE AREA OF THE PROCEDURE OR YOUR FACE TO HEAT UP AND TURN RED. NO OUTDOOR ACTIVITIES STAY OUT OF THE SUN! KEEP IT PROTECTED AND KEEP IT CLEAN! TAKE LOTS OF CARE FOR YOUR PROCEDURE.**
6. During your healing process DO NOT expose your new procedures to chemicals, hot tubs, saunas, direct shower spray, hot water, salt water, chlorinated pools, lakes, or ponds. Direct sun exposure and tanning beds should be avoided indefinitely....both are counter-productive to the cosmetic procedure.

7. Absolutely NO topical makeup on the healing procedure(s) for a minimum of 5 days. Topical makeup is bacterial and your new procedures need adequate time to heal to avoid irritation and/or infection. You may apply your makeup around the new procedure area but avoid applying ON the healing areas. After any eyeliner procedure, please use a new mascara. DO NOT USE an eyelash curler for 2 weeks. This instrument pulls the eyelashes and the tissue containing the eyeliner pigment that surrounds the lashes. You must allow the eyeliner to heal before stressing the tissue in this area. No contact lenses for 5 full days. No tweezing or waxing the eyebrows for 10 full days. **NO FACIAL, PEELS OR ANY OF THAT FACE STUFF FOR TWO FULL WEEKS!**
6. Some tenderness, puffiness (even bruising), redness, and itching is quite normal for the tattoo healing process. DO NOT PICK, PEEL, OR SCRATCH the treated area as this could result in your color healing uneven as well as the risk of scarring and infection.
8. Lastly....relax. Don't worry about a thing. It's just a tattoo that will lighten, soften and heal in a matter of days. Do exactly as I have advised you to do OR not to do and all heals well. Complications are extremely rare.

Eyeliner Healing Agenda

Day 1 You will have anywhere from slight to heavy swelling. This depends on the amount of histamines in each client's body. You may have bruising. You may appear as though you have been crying or have allergies. The eyeliner will appear thicker and darker than what it will heal up to be. No contact lenses for 5 days. No Visine.

Day 2 The morning of day 2 is most likely when the swelling will peak. Plan to use your cool packs! The darker and thicker appearance lingers; and the area will feel tight and tender.

Day 3-4 Less swelling. The eye tissue still feels tight and somewhat drawn. The peeling process begins. Start ointment in 48-72 hours. Some feeling of pinching and itching is quite normal, the ointment will help relieve this feeling.

Day 5-7 Dark outer color continues to flake off and you will see a softer, thinner eyeliner. Color may look grayish or ashy until the color clarifies. You can go back to wearing your contact lenses at day 5.

***Note. Again...please wait 8 weeks before applying eyelashes or eyelash extensions, as well as using Latisse or any other like products. **Latisse and other like products have been documented to lighten the tattooed color on some occasions.** ***

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